November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Group Axe Throwing 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:00- Group Bingo 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration	2 10:00 Morning Exercise 10:30 Hydration/ Daily Chronicle 11:00 Cornhole 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Balloon Badminton 5:00 Dinner 6:00 Puzzles 7:30 Snack and Hydration	3 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Frisbee Golf 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Football Pass 5:00 Dinner 6:00 Magazines/ Puzzles 7:30 Snack and Hydration	4 10:00 Moving and Growing 10:30 Hydration/ Daily Chronicle 11:00 Music w/ Brett 12:00 Lunch 1:00 Quiet Time 2:30 Snack Time 3:30 Nail Spa 5:00 Dinner 6:00 Magazines/ Puzzles 7:30 Snack and Hydration	5 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Music w/ Bobby 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Ring Toss 5:00 Dinner 6:00 Newspaper 7:30 Snack and Hydration	6 10:00 Chair Exercise 10:30 Hydration/ Daily Chronicle 11:00 Horseshoes 12:00 Lunch 1:00 Quiet Time 2:30 Snack Time 3:30 Ball Toss 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration	7 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Indoor Soccer 12:00 Dinner 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Spa Manicures/ Hand Massages 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration
8 10:00 Fit and Fun Exercise 10:30 Hydration 10:30 Worship songs w/ Pastor Albert 11:00 Group Axe Throwing 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:00- Group Bingo 5:00 Dinner 6:00 Evening Movie	9 10:00 Morning Exercise 10:30 Hydration/ Daily Chronicle 11:00 Cornhole 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Balloon Badminton 5:00 Dinner 6:00 Puzzles 7:30 Snack and Hydration	10 10:00-10:30 Honoring Our Veterans w/ Tim Lyon 11:00 Frisbee Golf 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Football Pass 5:00 Dinner 6:00 Magazines/ Puzzles 7:30 Snack and Hydration	11 10:00 Moving and Growing 10:30 Hydration/ Daily Chronicle 11:00 Music w/ Gordan 12:00 Lunch 1:00 Quiet Time 2:30 Snack Time 3:30 Nail Spa 5:00 Dinner 6:00 Magazines/ Puzzles 7:30 Snack and Hydration Veterans Day	12 10:00 Fit and Fun Exercise 10:30 Hydration/Daily Chronicle 11:00 Music w/ Yankee Girl 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Ring Toss 5:00 Dinner 6:00 Newspaper 7:30 Snack and Hydration	13 10:00 Chair Exercise 10:30 Hydration/ Daily Chronicle 11:00 Horseshoes 12:00 Lunch 1:00 Quiet Time 2:30 Snack Time 3:30 Ball Toss 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration	14 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Indoor Soccer 12:00 Dinner 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Spa Manicures/ Hand Massages 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration
15 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Group Axe Throwing 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:00- Group Bingo 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration	16 10:00 Morning Exercise 10:30 Hydration/ Daily Chronicle 11:00 Cornhole 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Balloon Badminton 4:00 Belle Meade United Church 5:00 Dinner 6:000 Puzzles 7:30 Snack and Hydration	17 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Frisbee Golf 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 2:45-Music w/ Dean 5:00 Dinner 6:00 Magazines/ Puzzles 7:30 Snack and Hydration	18 10:00 Moving and Growing 10:30 Hydration/ Daily Chronicle 11:00 Music w/ David 12:00 Lunch 1:00 Quiet Time 2:30 Snack Time 3:30 Nail Spa 5:00 Dinner 6:00 Magazines/ Puzzles 7:30 Snack and Hydration	19 10:00 Fit and Fun Exercise 10:15 Ensworth Students Coming 11:00 Music w/ Nermin 10:30 Hydration 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Ring Toss 5:00 Dinner 6:00 Newspaper 7:30 Snack and Hydration	20 10:00 Chair Exercise 10:30 Hydration/ Daily Chronicle 11:00 Horseshoes 12:00 Lunch 1:00 Quiet Time 2:30 Snack Time 3:30 Ball Toss 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration	21 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Indoor Soccer 12:00 Dinner 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Spa Manicures/ Hand Massages 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration
22 10:00 Fit and Fun Exercise 10:30 Hydration 10:30 Worship songs w/ Pastor Albert 11:00 Group Axe Throwing 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:00- Group Bingo 5:00 Dinner 6:00 Evening Movie	23 10:00 Morning Exercise 10:30 Hydration/ Daily Chronicle 11:00 Cornhole 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Balloon Badminton 5:00 Dinner 6:00 Puzzles 7:30 Snack and Hydration	24 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Frisbee Golf 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Football Pass 5:00 Dinner 6:00 Magazines/ Puzzles 7:30 Snack and Hydration	25 10:00 Moving and Growing 10:30 Hydration/ Daily Chronicle 11:00 Sit and Swing Balloon Bop 12:00 Lunch 1:00 Quiet Time 2:30 Snack Time 3:30 Nail Spa 5:00 Dinner 6:00 Magazines/ Puzzles 7:30 Snack and Hydration	26 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Umbrella Ball 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Ring Toss 5:00 Dinner 6:00 Newspaper 7:30 Snack and Hydration Thanksgiving Day (U.S.)	27 10:00 Chair Exercise 10:30 Hydration/ Daily Chronicle 11:00 Horseshoes 12:00 Lunch 1:00 Quiet Time 2:30 Snack Time 3:30 Ball Toss 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration	28 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Indoor Soccer 12:00 Dinner 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Spa Manicures/ Hand Massages 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration
29 10:00 Fit and Fun Exercise 10:30 Hydration/ Daily Chronicle 11:00 Group Axe Throwing 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:00- Group Bingo 5:00 Dinner 6:00 Evening Movie 7:30 Snack and Hydration	30 10:00 Morning Exercise 10:30 Hydration/ Daily Chronicle 11:00 Cornhole 12:00 Lunch 1:00 Quiet Time 2:30 Snack and Hydration 3:30 Balloon Badminton 5:00 Dinner 6:00 Puzzles 7:30 Snack and Hydration					



Barton House Of Bellevue (Memory Care) 6961 US-70s Nashville , TN 37221 615-6736922 **Activity Boxes Offered Daily.** ***Activities are subject to change***