

| Sunday                                                                                                                                                                                                                                                                             | Monday                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                         | Friday                                                                                                                                                                                                                                                                      | Saturday                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                      |
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| PET THERAPY:<br>EVERY TUESDAY AND THURSDAY @ 11:00<br>BIBLE STUDY: 9/15/2026 @ 2:00<br>PANCAKE BREAKFAST 9/23-8:00-10:00                                                                                                                                                           |                                                                                                                                                                                                                                                                                                        | Beauty & Barber Shop Visits 1<br>10:00 Chair Exercise/ Walking<br>10:30 Hydration/Daily Chronicle<br>11:00 Group Axe Throwing<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Group Bowling<br>6:00 Jigsaw Puzzles or Porch Visit<br>7:30 Snack and Hydration  | 10:00 Morning Movement/Walking Exercise 2<br>10:30 Hydration<br>11:00 Music w/ Brett<br>1:00-2:00 Quiet Time/Hand Massages<br>2:30 Snack and Hydration<br>3:00 Team Volleyball<br>6:00 Puzzles<br>7:30 Snack and Hydration                                                 | 10:00 Moving and Grooving/Walking Exercise 3<br>10:30 Hydration/Daily Chronicle<br>11:00 Music w/ Nermin<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Horseshoe Competition<br>6:00 Activity Baskets<br>7:30 Snack and Hydration  | 10:00 Chair Exercise with Music 4<br>10:30 Hydration/Daily Chronicle<br>11:00 Parachute Fun/Ring Toss<br>1:00-2:00 Quiet Time/ Spa Manicures<br>2:30 Snack and Hydration<br>3:30 Umbrella Ball Throw<br>6:00 Newspaper/Movie Night/ Porch Visit<br>7:30 Snack and Hydration | 10:00 Moving and Grooving 5<br>10:30 Hydration<br>11:00 Daily Chronicle/ Badminton<br>1:00-2:00 Quiet Time/Hand-Spa<br>2:30 Snack and Hydration<br>3:30 Cornhole Comp<br>6:00 Sing a-Long with Susie Q on YouTube<br>7:30 Snack and Hydration                                 |                                                                                                                                                                                                                                                                      |
|                                                                                                                                                                                                                                                                                    | 10:00 Exercise w/ Music/ Walking 6<br>10:30 Hydration<br>11:00 Daily Chronicle/Football Pass<br>1:30 Worship & Sing-a-Long with Pastor David<br>1:00-2:00- Quiet Time/ Hand-Spa<br>2:30 Snack and Hydration<br>3:30 Frisbee Golf<br>6:00 Movie Night<br>7:30 Snack and Hydration                       | 10:00 Walking Exercise 7<br>10:30 Hydration<br>11:00 Ring Toss<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Putt-Putt<br>6:00 Crossword/Porch Visit/Relax<br>7:30 Snack and Hydration                                                                       | Beauty & Barber Shop Visits 8<br>10:00 Chair Exercise/ Walking<br>10:30 Hydration/Daily Chronicle<br>11:00 Group Axe Throwing<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Group Bowling<br>6:00 Jigsaw Puzzles or Porch Visit<br>7:30 Snack and Hydration  | 10:00 Morning Movement/Walking Exercise 9<br>10:30 Hydration<br>11:00 Beach Ball Toss<br>1:00-2:00 Quiet Time/Hand Massages<br>2:30 Snack and Hydration<br>3:00 Team Volleyball<br>6:00 Puzzles<br>7:30 Snack and Hydration                      | 10:00 Moving and Grooving/Walking Exercise 10<br>10:30 Hydration/Daily Chronicle<br>11:00 Music w/ Yankee Girl<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Horseshoe Competition<br>6:00 Activity Baskets<br>7:30 Snack and Hydration                       | 10:00 Chair Exercise with Music 11<br>10:30 Hydration/Daily Chronicle<br>11:00 Parachute Fun/ Ring Toss<br>1:00-2:00 Quiet Time/ Spa Manicures<br>2:30 Snack and Hydration<br>3:30 Umbrella Ball Throw<br>6:00 Newspaper/Movie Night/ Porch Visit<br>7:30 Snack and Hydration | 10:00 Moving and Grooving 12<br>10:30 Hydration<br>11:00 Daily Chronicle/ Badminton<br>1:00-2:00 Quiet Time/Hand-Spa<br>2:30 Snack and Hydration<br>3:30 Cornhole Comp<br>6:00 Sing a-Long with Susie Q on YouTube<br>7:30 Snack and Hydration                       |
|                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                        | Labor Day                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                      |
|                                                                                                                                                                                                                                                                                    | 10:00 Exercise w/ Music/ Walking 13<br>10:30 Hydration<br>10:30 Worship & Sing-a-Long with Pastor Albert<br>11:00 Daily Chronicle/Football Pass<br>1:00-2:00 Quiet Time/ Hand-Spa<br>2:30 Snack and Hydration<br>3:30 Frisbee Golf<br>6:00 Movie Night<br>7:30 Snack and Hydration<br>Grandparents Day | 10:00 Walking Exercise 14<br>10:30 Hydration<br>11:00 Rin Toss<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Putt-Putt<br>6:00 Crossword/Porch Visit/Relax<br>7:30 Snack and Hydration                                                                       | Beauty & Barber Shop Visits 15<br>10:00 Chair Exercise/ Walking<br>10:30 Hydration/Daily Chronicle<br>11:00 Group Axe Throwing<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Group Bowling<br>6:00 Jigsaw Puzzles or Porch Visit<br>7:30 Snack and Hydration | 10:00 Morning Movement/Walking Exercise 16<br>10:30 Hydration<br>11:00 Music w/ Andrew Lange<br>1:00-2:00 Quiet Time/Hand Massages<br>2:30 Snack and Hydration<br>3:00 Team Volleyball<br>6:00 Puzzles<br>7:30 Snack and Hydration               | 10:00 Moving and Grooving/Walking Exercise 17<br>10:30 Hydration/Daily Chronicle<br>11:00 Group Bingo<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Horseshoe Competition<br>6:00 Activity Baskets<br>7:30 Snack and Hydration                                | 10:00 Chair Exercise with Music 18<br>10:30 Hydration/Daily Chronicle<br>11:00 Parachute Fun/ Ring Toss<br>1:00-2:00 Quiet Time/ Spa Manicures<br>2:30 Snack and Hydration<br>3:30 Umbrella Ball Throw<br>6:00 Newspaper/Movie Night/ Porch Visit<br>7:30 Snack and Hydration | 10:00 Moving and Grooving 19<br>10:30 Hydration<br>11:00 Daily Chronicle/ Badminton<br>1:00-2:00 Quiet Time/Hand-Spa<br>2:30 Snack and Hydration<br>3:30 Cornhole Comp<br>6:00 Sing a-Long with Susie Q on YouTube<br>7:30 Snack and Hydration<br>Oktoberfest Begins |
|                                                                                                                                                                                                                                                                                    | 10:00 Exercise w/ Music/ Walking 20<br>10:30 Hydration<br>11:00 Daily Chronicle/Football Pass<br>1:30 Worship & Sing-a-Long with Pastor David<br>1:00-2:00- Quiet Time/ Hand-Spa<br>2:30 Snack and Hydration<br>3:30 Frisbee Golf<br>6:00 Movie Night<br>7:30 Snack and Hydration                      | 10:00 Walking Exercise 21<br>10:30 Hydration<br>11:00 Ring Toss<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Putt-Putt<br>6:00 Crossword/Porch Visit/Relax<br>7:30 Snack and Hydration                                                                      | Beauty & Barber Shop Visits 22<br>10:00 Chair Exercise/ Walking<br>10:30 Hydration/Daily Chronicle<br>11:00 Group Axe Throwing<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Group Bowling<br>6:00 Jigsaw Puzzles or Porch Visit<br>7:30 Snack and Hydration | 10:00 Morning Movement/Walking Exercise 23<br>10:30 Hydration<br>11:00 Beach Ball Toss<br>1:00-2:00 Quiet Time/Hand Massages<br>2:30 Snack and Hydration<br>3:00 Team Volleyball<br>6:00 Puzzles or Activity Baskets<br>7:30 Snack and Hydration | 10:00 ED & ME 24<br>10:30 Hydration/Daily Chronicle<br>11:00 Group Bingo<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:00 Music w/ Dean<br>6:00 Activity Baskets<br>7:30 Snack and Hydration                                                                     | 10:00 Chair Exercise with Music 25<br>10:30 Hydration/Daily Chronicle<br>11:00 Parachute Fun/ Ring Toss<br>1:00-2:00 Quiet Time/ Spa Manicures<br>2:30 Snack and Hydration<br>3:30 Umbrella Ball Throw<br>6:00 Newspaper/Movie Night/ Porch Visit<br>7:30 Snack and Hydration | 10:00 Moving and Grooving 26<br>10:30 Hydration<br>11:00 Daily Chronicle/ Badminton<br>1:00-2:00 Quiet Time/Hand-Spa<br>2:30 Snack and Hydration<br>3:30 Cornhole Comp<br>6:00 Sing a-Long with Susie Q on YouTube<br>7:30 Snack and Hydration                       |
|                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                            | Autumn Begins                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                      |
| 10:00 Exercise w/ Music/ Walking 27<br>10:30 Hydration<br>10:30 Worship & Sing-a-Long with Pastor Albert<br>11:00 Daily Chronicle/Football Pass<br>1:00-2:00 Quiet Time/ Hand-Spa<br>2:30 Snack and Hydration<br>3:30 Frisbee Golf<br>6:00 Movie Night<br>7:30 Snack and Hydration | 10:00 Walking Exercise 28<br>10:30 Hydration<br>11:00 Music w/ Gabe<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Putt-Putt<br>6:00 Crossword/Porch Visit/Relax<br>7:30 Snack and Hydration                                                                                              | Beauty & Barber Shop Visits 29<br>10:00 Chair Exercise/ Walking<br>10:30 Hydration/Daily Chronicle<br>11:00 Group Axe Throwing<br>1:00-2:00 Quiet Time<br>2:30 Snack and Hydration<br>3:30 Group Bowling<br>6:00 Jigsaw Puzzles or Porch Visit<br>7:30 Snack and Hydration | 10:00 Morning Movement/Walking Exercise 30                                                                                                                                                                                                                                 | September 2026                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                      |
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