

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>January 2026</div>				<div> <div> 10:00 Walking Exercises  10:30 Hydration  11:00 A-Z on whiteboard  1:00 Quiet Time/ Hand Massage  2:30 Snack &amp; Hydration  3:30 Cornhole Comp.  6:00 Newspaper or Relax  7:30 Snack &amp; Hydration </div> <div>1</div> </div>	<div> <div> *10:00 Sit &amp; Stretch  10:30 Hydration  11:00 Drop Off Buckets  1:00 Quiet Time  2:30 Snack and Hydration  *3:30 Balloon Volleyball  6:00 Evening Movie or Porch Visit  7:30 Snack and Hydration </div> <div>2</div> </div>	<div> <div> *10:00 Exercise  10:30 Hydration  11:00 Daily Chronicle/ Group Axe Throwing  1:30 Quiet Time  2:30 Snack and Hydration  *3:30 Horseshoe Comp.  6:00 Sing a-Long with Susie Q on YouTube  7:30 Snack and Hydration </div> <div>3</div> </div>
New Year's Day						
<div> <div> *10:00 Exercise  10:30 Hydration  11:00 Airplane Throw/Daily Chronicle  1:30 Worship &amp; Sing-a-Long with Pastor David  2:30 Snack and Hydration  * 3:30 Frisbee Golf  6:00 Movie Night  7:30 Snack and Hydration </div> <div>4</div> </div>	<div> <div> *10:00 Moving and Grooving  10:30 Hydration  11:00 Ring Toss  1:30 Quiet Time /Spa Manicures  2:30 Snack and Hydration  *3:30 Football Toss  6:00 Magazines/ Porch Visit  7:30 Snack and Hydration </div> <div>5</div> </div>	<div> <div> Beauty &amp; Barber Shop Visits  *10:00 Chair Exercise with Music  10:30 Hydration  11:00 Group Bingo  1:00 Quiet Time  2:30 Snack and Hydration  *3:30 Big Basket Ring Toss  6:00 Puzzles or Activity Baskets  7:30 Snack and Hydration </div> <div>6</div> </div>	<div> <div> *10:00 Morning Moves  10:30 Hydration  11:00 Music with Brett  1:00 Quiet Time/Spa Manicures  2:30 Snack and Hydration  3:30 Bowling  6:00 Puzzles/Word Search/ Relax  7:30 Snack and Hydration </div> <div>7</div> </div>	<div> <div> 10:00 Walking Exercises  10:30 Hydration  11:00 A-Z on whiteboard  1:00 Quiet Time/ Hand Massage  2:30 Snack &amp; Hydration  3:30 Cornhole Comp.  6:00 Newspaper or Relax  7:30 Snack &amp; Hydration </div> <div>8</div> </div>	<div> <div> *10:00 Sit &amp; Stretch  10:30 Hydration  11:00 Music with Nermin  1:00 Quiet Time  2:30 Snack and Hydration  *3:30 Balloon Volleyball  6:00 Evening Movie or Porch Visit  7:30 Snack and Hydration </div> <div>9</div> </div>	<div> <div> *10:00 Exercise  10:30 Hydration  11:00 Daily Chronicle/ Group Axe Throwing  1:30 Quiet Time  2:30 Snack and Hydration  *3:30 Horseshoe Comp.  6:00 Sing a-Long with Susie Q on YouTube  7:30 Snack and Hydration </div> <div>10</div> </div>
<div> <div> *10:00 Exercise  10:30 Hydration  10:30 Worship &amp; Sing-a-Long with Pastor Albert  11:00 Airplane Throw/Daily Chronicle  2:30 Snack and Hydration  * 3:30 Frisbee Golf  6:00 Movie Night  7:30 Snack and Hydration </div> <div>11</div> </div>	<div> <div> *10:00 Moving and Grooving  10:30 Hydration  11:00 Ring Toss  1:30 Quiet Time /Spa Manicures  2:30 Snack and Hydration  *3:30 Football Toss  6:00 Magazines/ Porch Visit  7:30 Snack and Hydration </div> <div>12</div> </div>	<div> <div> Beauty &amp; Barber Shop Visits  *10:00 Chair Exercise with Music  10:30 Hydration  11:00 Group Bingo  1:00 Quiet Time  2:30 Snack and Hydration  *3:30 Big Basket Ring Toss  6:00 Puzzles or Activity Baskets  7:30 Snack and Hydration </div> <div>13</div> </div>	<div> <div> *10:00 Morning Moves  10:30 Hydration  11:00 Word-O/Tell and Spell  1:00 Quiet Time/Spa Manicures  2:30 Snack and Hydration  3:30 Bowling  6:00 Puzzles/Word Search/ Relax  7:30 Snack and Hydration </div> <div>14</div> </div>	<div> <div> 10:00 Walking Exercises  10:30 Hydration  11:00 A-Z on whiteboard  1:00 Quiet Time/ Hand Massage  2:30 Snack &amp; Hydration  3:30 Cornhole Comp.  6:00 Newspaper or Relax  7:30 Snack &amp; Hydration </div> <div>15</div> </div>	<div> <div> *10:00 Sit &amp; Stretch  10:30 Hydration  11:00 Drop Off Buckets  1:00 Quiet Time  2:30 Snack and Hydration  *3:30 Balloon Volleyball  6:00 Evening Movie or Porch Visit  7:30 Snack and Hydration </div> <div>16</div> </div>	<div> <div> *10:00 Exercise  10:30 Hydration  11:00 Daily Chronicle/ Group Axe Throwing  1:30 Quiet Time  2:30 Snack and Hydration  *3:30 Horseshoe Comp.  6:00 Sing a-Long with Susie Q on YouTube  7:30 Snack and Hydration </div> <div>17</div> </div>
<div> <div> *10:00 Exercise  10:30 Hydration  11:00 Airplane Throw/Daily Chronicle  1:30 Worship &amp; Sing-a-Long with Pastor David  2:30 Snack and Hydration  * 3:30 Frisbee Golf  6:00 Movie Night  7:30 Snack and Hydration </div> <div>18</div> </div>	<div> <div> *10:00 Moving and Grooving  10:30 Hydration  11:00 Ring Toss/MLK COLORING SHEETS  1:30 Quiet Time /Spa Manicures  2:30 Snack and Hydration  *3:30 Football Toss  6:00 Magazines/ Porch Visit  7:30 Snack and Hydration </div> <div>19</div> </div>	<div> <div> Beauty &amp; Barber Shop Visits  *10:00 Chair Exercise with Music  10:30 Hydration  11:00 Group Bingo  1:00 Quiet Time  2:30 Snack and Hydration  *3:30 Big Basket Ring Toss  6:00 Puzzles or Activity Baskets  7:30 Snack and Hydration </div> <div>20</div> </div>	<div> <div> *10:00 Morning Moves  10:30 Hydration  11:00 Music with Andrew  1:00 Quiet Time/Spa Manicures  2:30 Snack and Hydration  3:30 Bowling  6:00 Puzzles/Word Search/ Relax  7:30 Snack and Hydration </div> <div>21</div> </div>	<div> <div> 10:00 Walking Exercises  10:30 Hydration  11:00 A-Z on whiteboard  1:00 Quiet Time/ Hand Massage  2:30 Snack &amp; Hydration  3:30 Cornhole Comp.  6:00 Newspaper or Relax  7:30 Snack &amp; Hydration </div> <div>22</div> </div>	<div> <div> *10:00 Sit &amp; Stretch  10:30 Hydration  11:00 Drop Off Buckets  1:00 Quiet Time  2:30 Snack and Hydration  *3:30 Balloon Volleyball  4:00- Music with Bill  6:00 Evening Movie or Porch Visit  7:30 Snack and Hydration </div> <div>23</div> </div>	<div> <div> *10:00 Exercise  10:30 Hydration  11:00 Daily Chronicle/ Group Axe Throwing  1:30 Quiet Time  2:30 Snack and Hydration  *3:30 Horseshoe Comp.  6:00 Sing a-Long with Susie Q on YouTube  7:30 Snack and Hydration </div> <div>24</div> </div>
Martin Luther King Jr. Day						
<div> <div> *10:00 Exercise  10:30 Hydration  10:30 Worship &amp; Sing-a-Long with Pastor Albert  11:00 Airplane Throw/Daily Chronicle  2:30 Snack and Hydration  * 3:30 Frisbee Golf  6:00 Movie Night  7:30 Snack and Hydration </div> <div>25</div> </div>	<div> <div> Activity Professionals Week  *10:00 Moving and Grooving  10:30 Hydration  11:00 Ring Toss  1:30 Quiet Time /Spa Manicures  2:30 Snack and Hydration  *3:30 Football Toss  6:00 Magazines/ Porch Visit  7:30 Snack and Hydration </div> <div>26</div> </div>	<div> <div> Beauty &amp; Barber Shop Visits  *10:00 Chair Exercise with Music  10:30 Hydration  11:00 Group Bingo  1:00 Quiet Time  2:30 Snack and Hydration  *3:00- Music with Megan  6:00 Puzzles or Activity Baskets  7:30 Snack and Hydration </div> <div>27</div> </div>	<div> <div> *10:00 Morning Moves  10:30 Hydration  11:00 Word-O/Tell and Spell  1:00 Quiet Time/Spa Manicures  2:30 Snack and Hydration  3:00- Music with Dean  6:00 Puzzles/Word Search/ Relax  7:30 Snack and Hydration </div> <div>28</div> </div>	<div> <div> 10:00 Walking Exercises  10:30 Hydration  11:00 A-Z on whiteboard  1:00 Quiet Time/ Hand Massage  2:30 Snack &amp; Hydration  3:30 Cornhole Comp.  6:00 Newspaper or Relax  7:30 Snack &amp; Hydration </div> <div>29</div> </div>	<div> <div> *10:00 Sit &amp; Stretch  10:30 Hydration  11:00 Drop Off Buckets  1:00 Quiet Time  2:30 Snack and Hydration  *3:30 Balloon Volleyball  6:00 Evening Movie or Porch Visit  7:30 Snack and Hydration </div> <div>30</div> </div>	<div> <div> *10:00 Exercise  10:30 Hydration  11:00 Daily Chronicle/ Group Axe Throwing  1:30 Quiet Time  2:30 Snack and Hydration  *3:30 Horseshoe Comp.  6:00 Sing a-Long with Susie Q on YouTube  7:30 Snack and Hydration </div> <div>31</div> </div>