# IT'S ALL ABOUT THIS MOMENT, RIGHT NOW.

It's all about this moment, right now. Biscuits and gravy, her favorite meal of the day, served hot—but not too hot. The happiness in singing a song she knows by heart. It's the smile of contentment on your mother's face, or knowing there's respite and relief when today is not one of her good ones. It's hearing "we've got you covered" when you and your family feel anything but. These moments are what we work for every minute of every day.



call (615) 673-6922 to schedule an appointment.

## WHY YOU NEED DEDICATED MEMORY CARE

Adults who have Alzheimer's and dementia have unique physical and emotional needs that benefit greatly from specialized memory care.

Barton House is designed to ensure residents' safety without restricting their freedom to move and explore. Our programming and facility design are based on memory care best practices that lessen confusion and isolation, promote activity and engagement, and create the structure and comfort of routine.

And because memory care is all we do, our staff is equipped to manage the full spectrum of dementia symptoms: the ups and downs – the good moments and the trying ones – with genuine compassion and understanding.

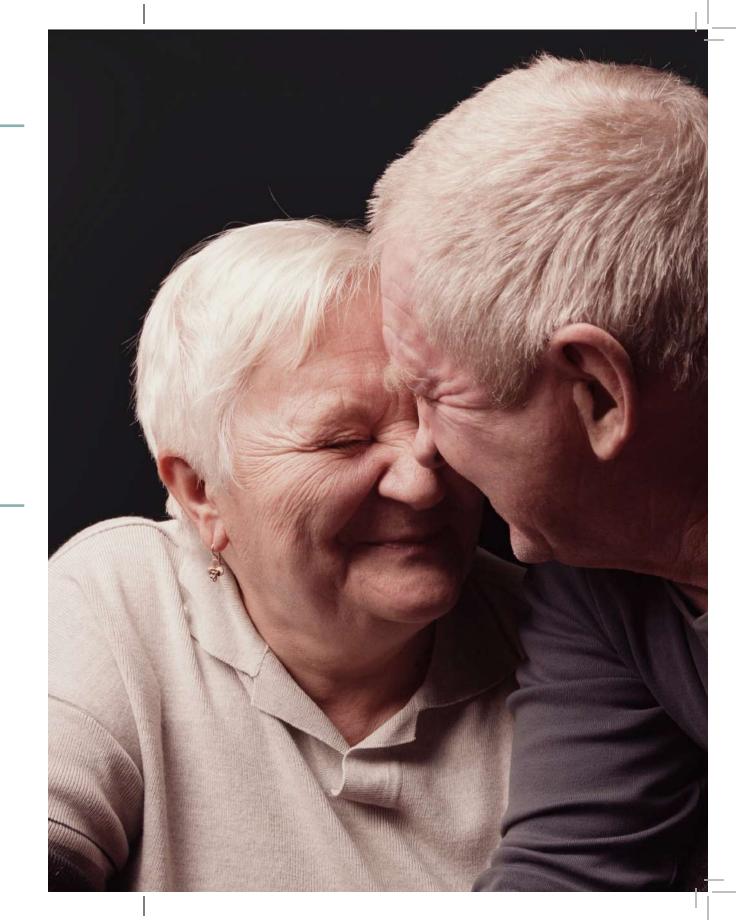
## OUR CARE PHILOSOHPY



"Alzheimer's and dementia take an extraordinary toll on families. I've seen it first hand with my own family – and our families here at Barton House. That's why our philosophy is to deliver the best life possible, for our residents and their families. We believe in the dignity of each moment: kind words

and a hand to hold, a clean shirt and neatly combed hair, an invitation to sing along, even when words don't come easily. We believe in answering questions and keeping families informed. We believe in transparency, and access, patience and good humor. We believe that the body and spirit absorb everything – regardless of what the mind remembers. And we make every moment count."

– Elizabeth Masic, Executive Director



#### AMMENITIES

24-hour personal care

suites custom-designed for memory care

home-style dining and living room areas

full range of social activities, featuring comprehensive dementia programming

medication management and daily nursing supervision

dining services, including 4 meals per day plus snacks

housekeeping and laundry services

beauty/barber salon

all-inclusive pricing with no surprises

24-hour emergency call system

24-hour secured building along with secured backyard and outdoor areas, including a garden walking path

## RESPITE DAY CARE

Caring for a loved one who suffers from dementia is challenging and stressful. Our respite programs give caregivers time to restore balance in their lives. For others it can be an effective way to transition into full time care. Whatever your needs, we're here to help.

Secured adult day services are available between 9 a.m. and 5 p.m.

Overnight respite care is also available

Includes three home-cooked meals, snacks and hydration

Onsite nurse and care partners to assist with ADLs

## EVERYONE IS WELCOME

We invite you to take a tour, meet our staff, and see first-hand what makes Barton House so special. For more information, answers to frequently asked questions, and memory care resources, you can call or visit our web site www.BartonHouseTN.com.

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